

When a Band-Aid Isn't Enough: Responding to Youth in Crisis



Cheryl Benefield

Program Manager, Safe and Drug-Free Schools

Georgia Department of Education



Learning Objectives



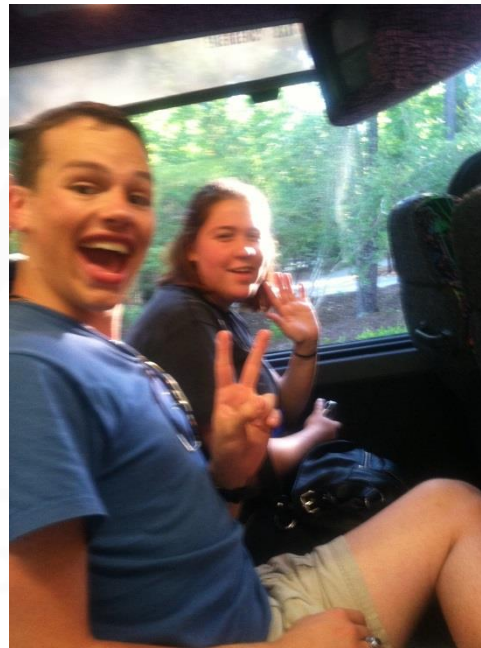
- Name at least two Youth Mental Health First Aid objectives, locate upcoming trainings, and know who to contact to schedule trainings
- Identify other trainings offered by agencies and groups in Georgia



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Georgia's School Superintendent
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Mental health problems are more common than heart disease.

TRUE or FALSE?



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Project
AWARE



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- Advancing Wellness and Resilience in Education
 - Increase awareness of mental health issues among school aged youth
 - Connect children, youth, and families who may have behavioral health issues with appropriate resources
 - Provide training in Youth Mental Health First Aid

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NITT
NOW IS THE TIME

**Project
AWARE**



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PROJECT AWARE FUNDED GRANTEES

**NITT Project AWARE-SEA Grantees
(2014, n=20)**

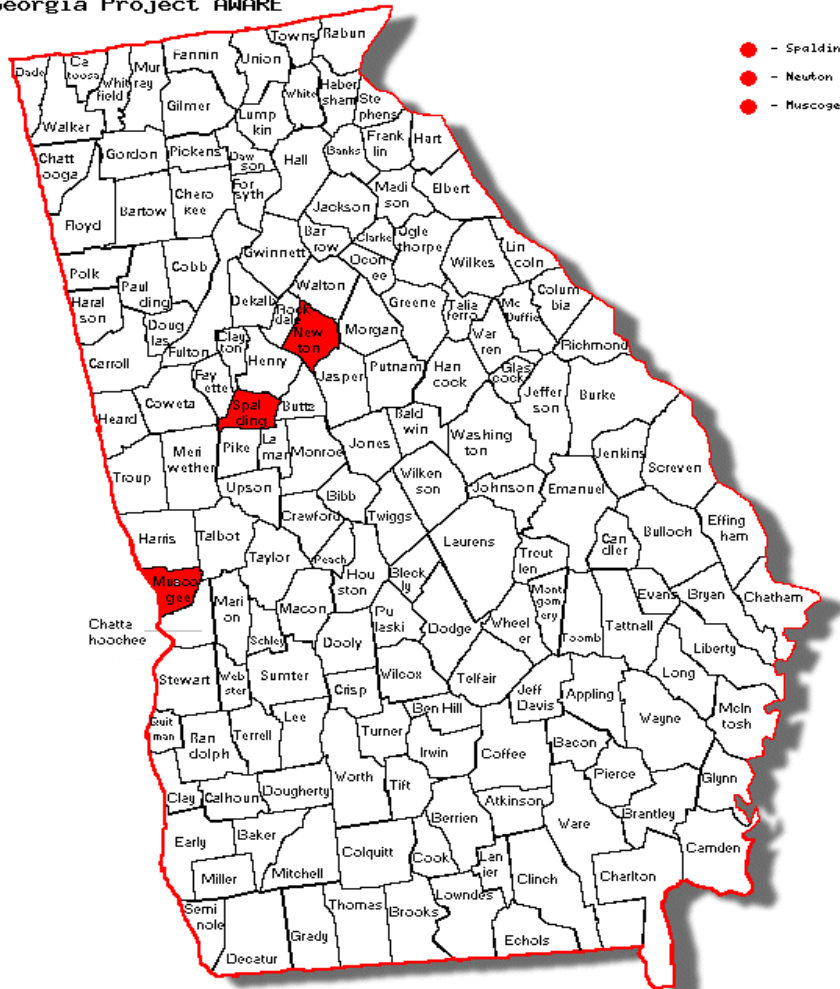


Alaska
California
Colorado
Florida
Georgia
Hawaii
Illinois
Iowa
Kentucky
Maryland
Michigan
Montana
New Hampshire
Nevada
Ohio
Tennessee
Virginia
Washington
West Virginia



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Georgia Project AWARE



Justin Hill
Rebecca Blanton

Georgia Project AWARE



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MENTAL
HEALTH
FIRST AID

A Collaborative Partnership:

National Council for
Behavioral Health

Maryland State Department of
Health and Mental Hygiene

Missouri Department of Mental
Health

Georgia Department of Education

Mental Health First Aid?

The help provided to a person developing a mental health problem or experiencing a crisis until professional treatment is received or the crisis resolves.



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Youth and young adults face and experience mental health challenges the same as adults.



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TRUE or FALSE?

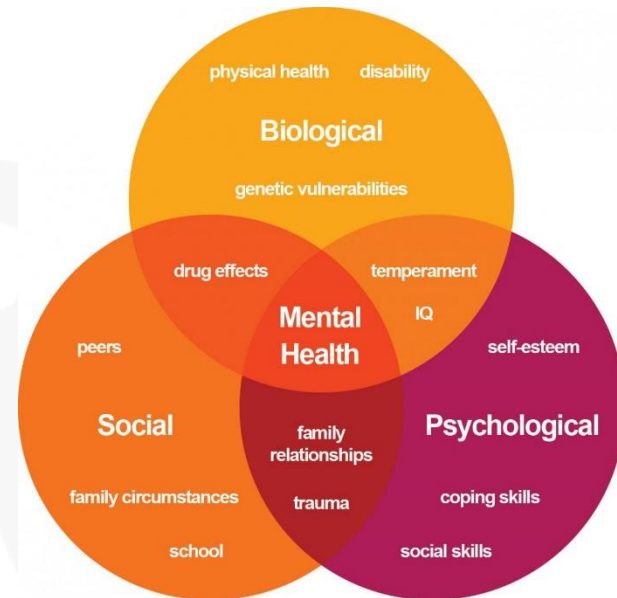
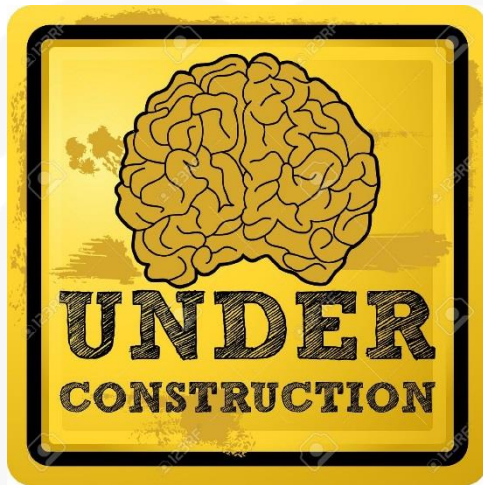


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Resiliency



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U.S. Youth with a Mental Disorder during Adolescence (Age 13-18)



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	Prevalence (%)	With severe impact (%)
Anxiety disorders	31.9	8.3
Behavior disorders	19.1	9.6
Mood disorders	14.3	11.2
Substance use disorders	11.4	11.4
Overall prevalence (with severe impact)		27.6

Completing Youth Mental Health First Aid training provides you with the certification necessary to diagnose mental health issues in youth ages 12-18.



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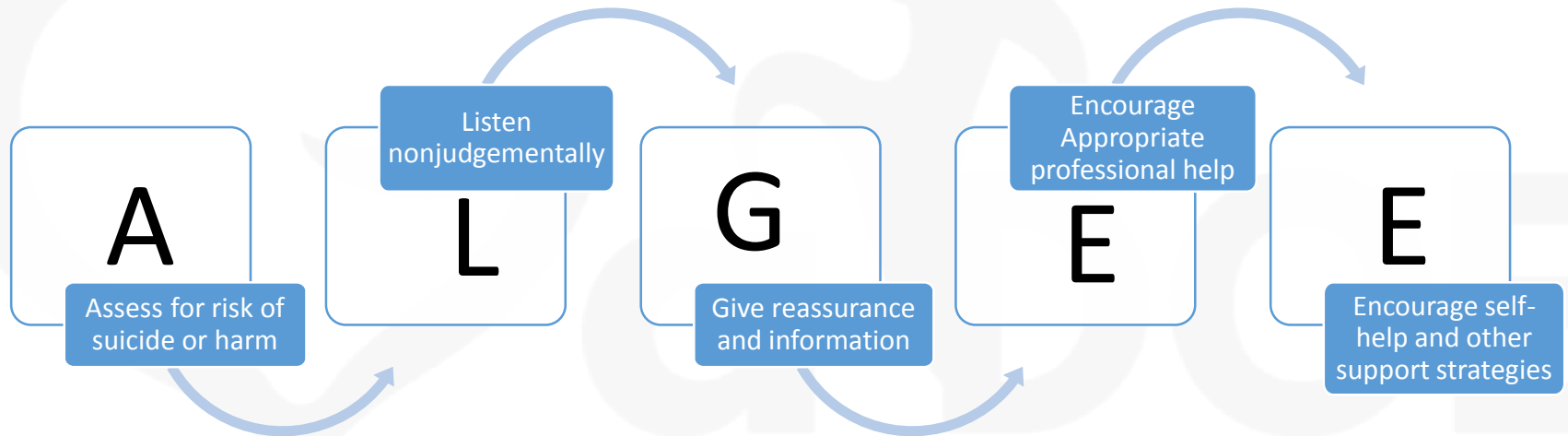
TRUE or FALSE?



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Action Plan



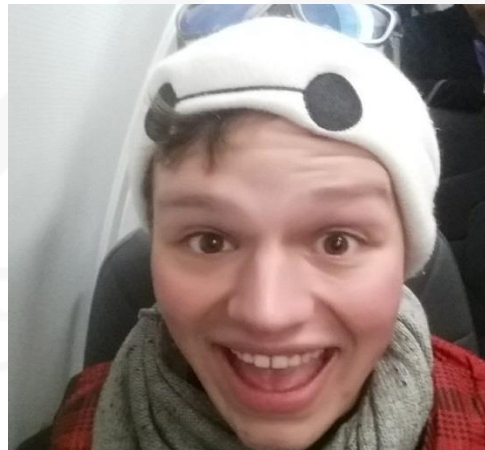
2011



2013



2016



Jordan Burnham "Unbreakable"

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Why Youth Mental Health First Aid?



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“If more people were prepared when I went into a crisis it would never have been called a crisis. It would have been a meaningful conversation about what my needs were in that moment and how the people who were closest could support me through it.”

- Brianne Masselli

Youth M.O.V.E. National

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Youth Mental Health First Aid will train you to diagnose mental health issues in youth and young adults.



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TRUE or FALSE?



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YMHFA Training



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NAMI Georgia

www.namiga.org



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[For Parents and Youth](#)

[For College Students](#)

[For Law Enforcement](#)

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First Responders, Clergy, Hospital Personnel, Security Officers, and other Community Partners are invited to attend an Introduction to Behavioral Health and Addictive Diseases one or two-day training program. Class

Mental Health America of Georgia

www.mhageorgia.org



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For More Information...

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[Mental Health First Aid](#)

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